



AP CYMRU
CELEBRATING NEURODIVERSITY
CHARITY NO. 1148010



DECEMBER 2023

Reaching for Neurodiversity Inclusion

FUNDRAISING PACK



"Every journey needs a first step"

About AP Cymru

AP Cymru is a Welsh charity providing personal, bespoke support to Neurodiverse children, young people and their families during all stages of their journey. They provide exclusive inclusive activities for the whole family, clinics, workshops and a Face2Face support service, as well as CPD accredited training for schools and businesses. Key fundraising dates include



- Neurodiversity Week - held in March every year
- Autism Acceptance Month - held during April each year

Steps To Acceptance



AP Cymru and our supporters are teaming up to complete steps to acceptance in April for Autism Acceptance Month. Last year, we traveled as far as China with the amount of steps! Help us take steps forward in raising acceptance and overcome the stigma attached to autism/adhd and other neurodiverse conditions by participating in a sponsored distance challenge, such as rowing, walking, swimming, skating, running....the list is endless!

How Can You Can Take Part

What we would like you to do is record your fundraising activity & share with us on social media, along with our JustGiving fundraising link (links at the end of this pack).

We welcome fundraising as an individual or a team. For Step to Acceptance you need to pledge to walk a specific number of steps and then raise as much money as you can! Our sponsorship form is within this pack. Or feel free to set your own fundraising goals !!



Purple Pledge

AP Cymru understands fundraising events are not everyone's cup of tea, but anyone can celebrate World Autism Month and show their support by taking the pledge and providing a donation.



Take the pledge now by simply scanning the QR code, donating an amount (minimum of £50) and helping us raise awareness & acceptance. We are that one step closer because of you.





JOIN OUR FAMILY
SCAN THE CODE



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DONATE
SCAN THE CODE

HOW YOUR DONATIONS HELP PROVIDING A LIFELINE FOR FAMILIES



pays for a child to attend a fun activity in an accepting, understanding and encouraging environment, supported by trained team members.

£15

£50

pays for a parent in crisis to receive an emergency video call/visit with a senior member of family support team.



supports for a workshop or clinic for up to ten families. Our workshops cover a wide range of topics, such as family challenges, anxiety, communication and education.

£200

WWW.APCYMRU.ORG.UK



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CERTIFICATE OF COMPLETION

This certificate is awarded to Volunteer

Thank you for participating in AP Cymru's
Steps To Acceptance



Karen Mills

KAREN MILLS

Chief Executive Officer

SPONSORSHIP FORM



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Sponsorship Event: _____

Contact Name: _____

Gift Aid - With Gift Aid, each £1 donated is worth £1.25. It's a small tick for you and a huge difference for Neurodiverse children, young people and their families that we support.

TITLE	INITIALS	SURNAME	EMAIL	ADDRESS	POSTCODE	DONATION AMOUNT	GIFT AID



Scan the code to give instantly!

Social Media Sharing

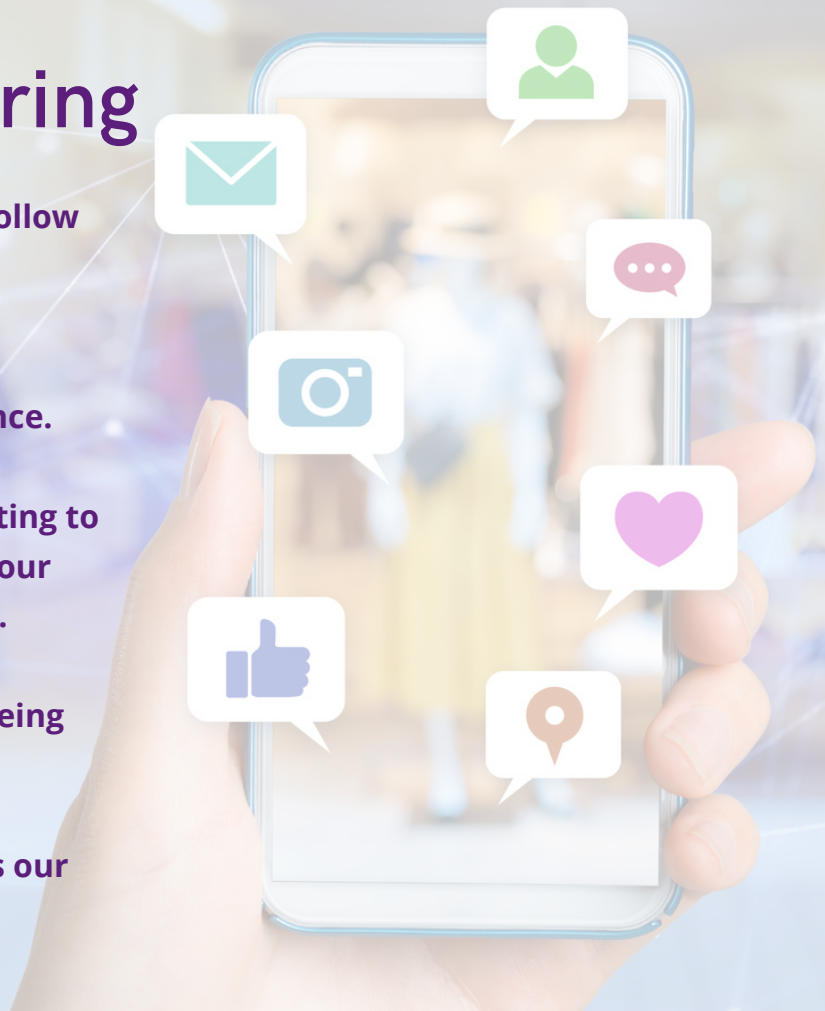
We always appreciate a share, like or follow on all of our socials.

When you share a post, you are raising awareness for Neurodiversity acceptance.

When you like a post, you are contributing to the hard work achieved by so many of our fantastic staff, volunteers and families.

When you follow us, we know we are being heard and you are supporting us.

For more information on how to access our social media pages, please see below.



@APCymruAutismCharity
Steps to Acceptance with AP Cymru



@AP_CYMRU



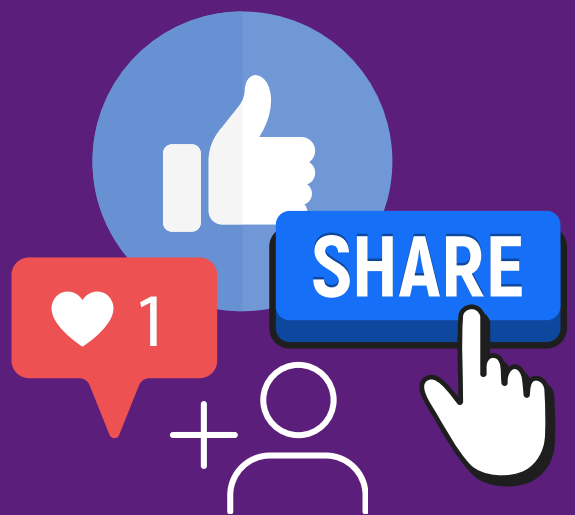
@ap_cymru



AP Cymru - The Neurodiversity Charity



@ap_cymru



JustGiving™ <https://www.justgiving.com/APCymru>

www.apcymru.org.uk



Thank [♥]
YOU!

**Every Penny Counts!
Every Step Counts!
Acceptance Counts!
You Count!**

